



Wednesday 21<sup>st</sup> October 2020

Dear Parents/Carers,

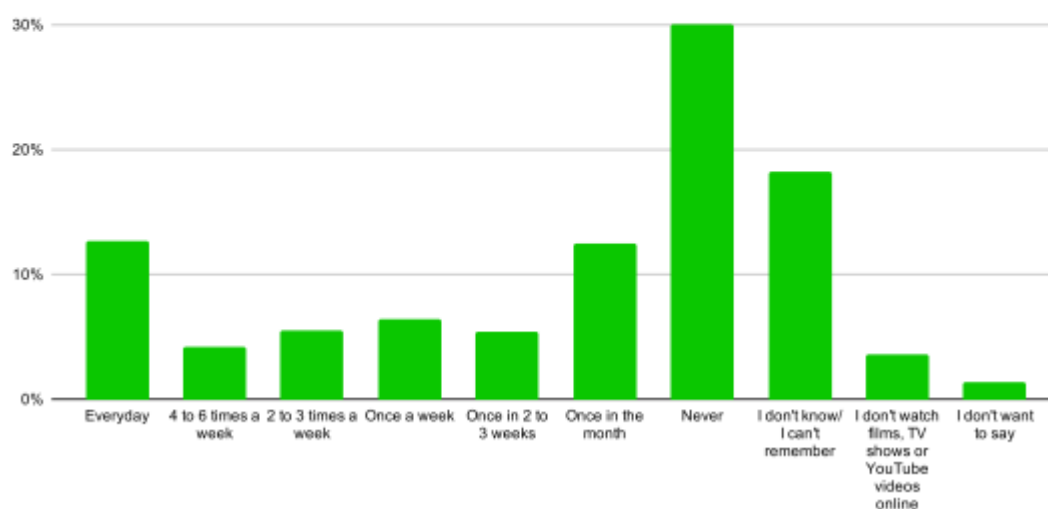
Please can you be aware that, as it is the lead up to Halloween, we have several incidents of children watching inappropriate film, video and game content at home. We have had very young children talking explicitly about content that is classified as a 15 and above. They are using language that is inappropriate and sometimes even role playing what they have seen through their play with their peers.

Obviously, this behaviour is a concern to us and to the parents of the children that have not accessed this content. There have been many studies that show that watching inappropriate content has a significant impact on children's behaviour and mental health, increasing anxiety.

A survey carried out by the BBFC (British Board of Film Classification) into children's viewing during lockdown April 2020, upheld this view:

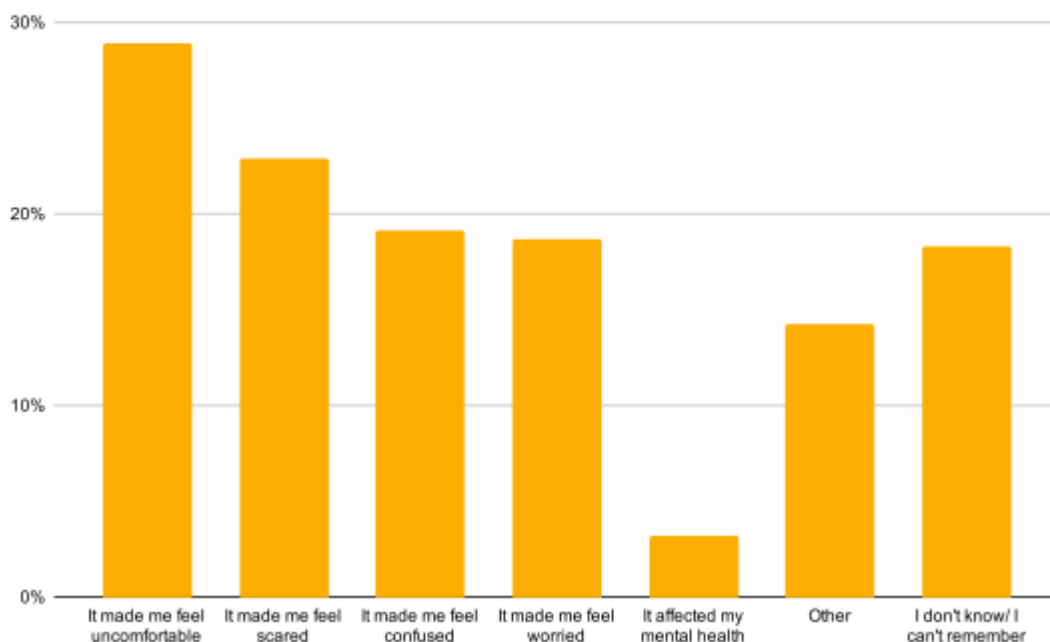
## Kids Survey

**Question 1) In the last month (since the end of March)... How often have you seen an online film, TV show or YouTube video that you wish you hadn't seen?**





**Question 2) In the question before, you said you have watched a film, TV show or YouTube video online at least once in the last month that you wish you hadn't seen... How did seeing any of these online films, TV shows, or YouTube videos make you feel?**



The full survey can be found here:

[https://www.bbfc.co.uk/sites/default/files/attachments/YouGov%20Poll%20Findings\\_0.pdf](https://www.bbfc.co.uk/sites/default/files/attachments/YouGov%20Poll%20Findings_0.pdf)

Please ensure you are aware of the films, games and online content that your child is accessing. This is especially important whilst we are unable to socialise or go out and about so easily during the COVID-19 Tier 2 restrictions, which may mean your child is spending more time on devices.

If you need more information on the different film, videos and website classifications please go to [www.cbbfc.co.uk/resources](http://www.cbbfc.co.uk/resources).

For advice on how to deal with inappropriate content please go to:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/inappropriate-explicit-content/>

For advice on how to support your child with anxiety and understanding their feelings:

<https://www.childline.org.uk/info-advice/your-feelings/#explore>

<https://www.bbc.co.uk/cbeebies/joinin/talking-to-your-child-about-emotions>

<https://youngminds.org.uk/find-help/for-parents/>

Yours sincerely,

Ms S Warnes

Headteacher