

School Meals Menu for 5th September to 19th October 2018

Week 1

W/C. 5th September & 24th September & 15th October

.....MONDAY.....

Pasta Bake Day!
Carbonara Pasta
Tomato Pasta

V Creamy Cheese Pasta

V Plain pasta

Served with Garlic Bread & salad bar

V Homemade Cookies & Fresh Fruit

.....TUESDAY.....

All Day Breakfast!! Bacon, Sausage, Omelette,
Hash Brown and baked beans

V Quorn Sausages, Omelette, Hash Brown and
baked beans

V Jelly Pots & Fresh Fruit

.....WEDNESDAY.....

Butchers beef Bolognese served with
spaghetti & seasonal vegetables

V Tomato & Basil Sauce with spaghetti &
seasonal vegetables

V Choice of Yoghurt pots & Fresh Fruit

.....THURSDAY.....

NEW! Chicken burger served in a bun with
curly fries & seasonal vegetables

V Vegetable Burger served in a bun with curly
fries & seasonal vegetables

V Sweet Waffles and Sauce & Fresh Fruit

.....FRIDAY.....

FISH FRIDAY!!

Omega 3 Fish Fingers with oven chips &
seasonal vegetables

V Vegetarian Fingers with oven chips &
seasonal vegetables

V Homemade Dessert & Fresh Fruit

Week 2

W/C. 10th September & 1st October

.....MONDAY.....

Pasta Bake Day!

Tomato & Ham Pasta

V Creamy Cheese Pasta

V Plain pasta

Served with Garlic Bread & salad bar

V Choice of ice cream pots & Fresh Fruit

.....TUESDAY.....

Crispy Chicken Wrap, with choice of sauce,
fluffy vegetable rice & salad bar

V Quorn Nuggets in a wrap, with choice of sauce,
fluffy vegetable rice & salad bar

V Homemade Cake & Fresh Fruit

.....WEDNESDAY.....

Butchers beef burger served in a bun with
curly fries & seasonal vegetables

V Quorn Burger served in a bun with curly
fries & salad cart

V Homemade Cookies & Fresh Fruit

.....THURSDAY.....

NEW! Chicken Delight!

Butchers chicken breast topped with a choice of
BBQ, Cheesy or Pizza sauce

V Quorn Fillet with sauces above

Served with jacket potato & salad bar

V Choice of Yoghurt pots & Fresh Fruit

.....FRIDAY.....

FISH FRIDAY!!

Fish Portion with oven chips & seasonal
vegetables

V Vegetarian Fingers with oven chips & baked
beans

V Homemade Dessert & Fresh Fruit

Week 3

W/C. 17th September & 8th October

.....MONDAY.....

Pepperoni Pizza served with crispy potatoes,
garlic bread & salad bar

V Cheese & Tomato Pizza served with garlic
bread & salad bar

V Choice of Yoghurt pots & Fresh Fruit

.....TUESDAY.....

Roast Dinner Day!

Butchers Chicken breast with Roast potatoes,
Yorkshire pudding and seasonal vegetables

V Quorn Roast, roast potatoes, Yorkshire pudding and
seasonal vegetables

V Jelly Pots & Fresh Fruit

.....WEDNESDAY.....

Hot Dog served in a bun with a choice of
sauce, tortilla chips with dips & salad cart

V Quorn Hot Dog served in a bun with the
above

V Homemade Cookies & Fresh Fruit

.....THURSDAY.....

Spaghetti and meatballs served with
seasonal vegetables

V Tomato & Basil Sauce with spaghetti &
seasonal vegetables

V Cheddar cheese & crackers & Fresh Fruit

.....FRIDAY.....

FISH FRIDAY!!

Omega 3 Fish Fingers with oven chips &
seasonal vegetables

V Vegetarian Fingers with oven chips &
seasonal vegetables

V Homemade Dessert & Fresh Fruit

*** Water & Milk freely available every day, all meat is supplied from a local Butcher, all cakes and biscuits are made by the kitchen staff ***