



WEEK 1

Week Commencing 5th, 19th Sep & 3rd, 17th Oct 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Spaghetti Bolognese Served with Garlic bread & Salad	Peri Peri Chicken Thighs Served with Rice & Corn on the Cob	Butcher Beef Burger in a Bun Served with Seasoned Potato Wedges & Coleslaw	Sausage Roll Served with Sweet Potato Fries & Beans	Battered Fish Fillets Served with Buttered New Potatoes & Peas
OPTION 2	Quorn Mince Spaghetti Bolognese Served with Garlic Bread & Salad	Peri Peri Quorn Chicken Wings Served with Rice & Corn on the Cob	Halloumi Burger in a Bun Served with Seasoned Potato Wedges & Coleslaw	Cheese and Onion Roll Served with Sweet Potato Fries & Beans	Quorn Vegan Fishless Fingers Served with Buttered New Potatoes & Peas
COLD	Sandwich with a choice of Cheese, Ham or Tuna Filling	Petit Pain with a Choice of Cheese, Ham or Tuna Filling	Wrap with a Choice of Cheese, Ham or Tuna Filling	Petit Pain with a choice of Cheese, Ham or Tuna Filling	Sandwich with a choice of Cheese, Ham or Tuna Filling

Fresh...

All our food is cooked fresh each day

AVAILABLE EVERY DAY

A Healthy Salad and Fresh Fruit

All meals to be accompanied by a Dessert of the day.
(Yoghurt, Artic Roll, Pancakes, Jam Roly Poly, Sponge cake and Cookies.)

Checked...

We always use reputable suppliers and where possible use local produce

