



AUTUMN/WINTER MENU

WEEK 1

Week Commencing 1st, 15th, 29th November, & 13th December



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Meat Free Monday Pasta with a selection of Sauces Served with Garlic bread & Salad	Chilli Con Carne Served with Rice, Tortilla Chips & Petit Pois	Butchers Chicken Roast Served with Fluffy Roast Potatoes, Broccoli, Savoy Cabbage, Yorkshire Puddings & Gravy.	Sausage Rolls Served with Mini Potato Waffles & Baked Beans	Salmon and Tomato Ketchup Fish Cakes in a bun Served With Chips & Salad
OPTION 2	Pasta with a selection of Sauces Served with Garlic Bread & Salad	Quorn Chilli Con Carne Served with Rice & Tortilla Chips & Petit Pois	Quorn Roast Served with Fluffy Roast Potatoes, Broccoli, Savoy Cabbage, Yorkshire Pudding & Vegetable Gravy.	Cheese and Onion Slice Served with Mini Potato Waffle & Baked Beans	Halloumi Burger in a Bun Served With Chips & Salad
COLD	Sandwich with a choice of Cheese, Ham or Tuna Filling	Bagel with a Choice of Cheese, Ham or Tuna Filling	Soft Roll with a Choice of Cheese, Ham or Tuna Filling	Baguette with a choice of Cheese, Ham or Tuna Filling	Wrap with a choice of Cheese, Ham or Tuna Filling

AVAILABLE EVERY DAY

A Healthy Salad and Fresh Fruit

All meals to be accompanied by a Dessert of the day. (Yoghurt, Cake, Ice-Cream and Cookies.)

Fresh

All our food is cooked fresh each day

Checked...

We always use reputable suppliers and where possible use local produce



AUTUMN/WINTER MENU WEEK 2

Week Commencing 8th, 22nd November & 6th December



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Homemade Pizza with a choice of Meat toppings. Served with Wedges & Salad	Homemade Chicken Curry Served with Long Grain Rice, Naan Bread & Sweetcorn	Brunch Lunch Sausage, Bacon and Egg Served with Hash Brown, Baked Beans & Slice of Bread	Sausage Toad Served with Mash Potato, Baby Carrots & Petite <u>Pois</u>	Omega 3 Fish Finger Wrap Served with Homemade Chips & Salad
OPTION 2	Homemade Pizza with a Choice of Meat Free Toppings. Served with Wedges and Salad	Quorn Chicken Curry Served with Long Grain Rice, Naan Bread & Sweetcorn	Brunch Lunch Quorn Sausage and Egg Served with Hash Brown, Baked Beans & Slice of Bread	Quorn Sausage Toad Served with Mash Potato, Baby Carrots & Petit <u>Pois</u>	Vegetable Fingers Wrap Served with Homemade Chips & Salad
COLD	Sandwich with a choice of Cheese, Ham or Tuna Filling	Bagel with a Choice of Cheese, Ham or Tuna Filling	Soft Roll with a Choice of Cheese, Ham or Tuna Filling	Baguette with a choice of Cheese, Ham or Tuna Filling	Wrap with a choice of Cheese, Ham or Tuna Filling
AVAILABLE EVERY DAY					
A Healthy Salad and Fresh Fruit					
All meals to be accompanied by a Dessert of the day. (Yoghurt, Cake, Ice-Cream and Cookies.)					

Fresh

All our food is cooked fresh each day

Checked...

We always use reputable suppliers and where possible use local produce